2022 / 2023 LEARNING PLAN

Learner name:	Ariane Clemente

Statement of Learning Intent

Last year in PLP 9, my learning plan goals primarily involved reaching my academic goals, while also maintaining a work-life balance. This year, I intend to once more prioritize the maintenance of a work-life balance, though I also wish to push myself further as a learner. In the past, I filled out an "Accomplished" in each category for my learning plan, since I felt that I couldn't reach an extending level of learning without shifting my focus away from my relationships with friends and family. Though, admittedly, part of it was that I doubted I could do well, when I'm already surrounded by many exemplary learners who I both admire, envy, and deeply appreciate. As of now, though this is still sometimes a struggle, my mindset has been shifted from focusing on competition, to being more central around collaboration and personal growth/success. Academically, I plan to set the bar higher for myself, and to further build a solid foundation of good work habits in order to reach an "Extending" in each of my areas of learning. Personally, I truly pride myself on the work I complete in school, though I also know that I want to prioritize making the most out of the remainder of childhood that I have left. A goal of mine for this school year is to push myself further academically than I have in the past, but also to keep a balance so as to prevent my schoolwork from overshadowing my personal life, friends, and family. I have a tendency to feel extremely stressed and burnt out when I don't allow myself to have a life on top of schoolwork, so despite how important learning is to me, it's immensely even more so important that I take care of myself and my mental health above all else. Relatedly, I want to continue learning to learn from failure, to do my own personal best without losing sight of what truly matters to me, and to hone my skills as a learner. A year ago, I failed many, many times throughout my adventures in PLP; some to a more extreme extent than others. Although I wouldn't necessarily say I am comfortable with failing as of now, I am proud of how I am now able to pick myself up and take it as a learning experience. I want to approach my learning, particularly my fails, with this mindset. When it comes to competencies, I plan on continuing to develop my communication and thinking skills, while also developing my own sense of self. I believe that I have made good progress in these areas in the past; being persistent in exerting myself more in these areas through the development of my skillset as a learner is important to me.

This year, I plan my learning to look like:

Communication	Thinking	Personal and Social
Communicating:	**Creative Thinking:**	**Personal Awareness and Responsibility:**
Profile 5: I communicate confidently, using forms and strategies that show attention to my audience and purpose.	Profile 5: I can think "outside the box" to get innovative ideas and persevere to develop them.	Profile 5: I recognize my value and advocate for my rights. I take responsibility for my choices, my actions, and my achievements.
Collaborating:	**Critical and Reflective Thinking:**	**Positive Personal and Cultural Identity:**
Profile 4: I can confidently interact and build relationships with other group members to further shared goals.	Profile 4: I can gather and combine new evidence with what I already know to develop reasoned conclusions, judgments, or plans.	Profile 5: I understand that my identity is influenced by many aspects of my life. I am aware that my values shape my choices and contribute to making me a unique individual.
		Social Awareness and Responsibility:
		Profile 4: I can take purposeful action to support others and the environment.

Humanities 10		🌈 EXTENDING
Strengths	**Growth**	**Support**
• I believe that I am strong in the language department, and as a visual learner, I enjoy learning and communicating my learning through visuals and writing. • I feel that this strength translates specifically to my Thinking and Communication competencies. • I also believe that I am a very self-aware learner, and I plan on using this course to learn more about myself as a learner, peer, daughter, and person.	• I hope to further expand my Thinking and Communication skills, not only through writing, but also verbally. I feel that I am a more confident speaker now than I was in the past, though I want to work to truly solidify those public speaking and collaboration skills. This also includes interacting and asking for help from both peers and teachers with confidence. • Additionally, I want to use my strengths in visualizing and communicating information through visuals and writing in order to help myself organize my thoughts and rethink of ideas in new ways. In other words, I hope to expand my Thinking. • I do think I can further develop my Personal and Social skills in this subject as well, though I feel that this might be less of a focus depending on the projects we partake in. Specifically, I want to focus on my work-life balance, being responsible for myself, and applying what I learn in Humanities to my life; such as using historical perspective to examine how the past applies to my present.	• I believe that I can support myself in this area through logically thinking and reflecting upon the things I learn, and through further pushing myself to communicate and express my written ideas verbally. • I think that my teachers can support me in this area through being understanding as I continue to push myself out of my comfort zone in order to reach my goals.

Maker (ADST) 10		🌈 EXTENDING
Strengths	**Growth**	**Support**

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Maker (ADST) 10		🌈 EXTENDING
• Although verbal communication skills aren't necessarily a strength of mine per se, I feel that the progress I made last year on being able to collaborate and communicate clearly and concisely with others is an accomplishment I aim to build upon. • I am also of the opinion that my own self-awareness skills have grown, and I have learned a lot about myself last year than I ever have before. This was mainly in the "7 Habits" unit we took part in last year, so I intend to further hone and utilize these habits in my daily life. Specifically, this involves my Personal and Social competencies.	• When I get the chance to work in a group setting, I hope to apply what I have learned in Maker and will continue to learn in Maker to other subjects as well. I want to exercise my verbal communication skills, and I feel that also involves furthering my listening skills. In order to do this, I want to approach my learning in group settings with a win-win or collaborative mindset as opposed to a competitive one. • I also intend to expand my understanding of self in order to learn more about my identity and interact with the environment in a positive manner. I can do this through pushing myself outside of my comfort zone more regularly, including speaking up in class discussions, or utilizing what I learn in PLP to further understand my own set of morals and identity.	• I can support myself in this regard by being openminded and an active listener in group settings, particularly Destination Imagination as an example. • I think that teachers could support me in this area through challenging me by grouping me with peers I don't usually interact with, or through providing opportunities for collaborating with peers. An example of such is through whiteboard activities, group work, or classroom discussions.

PGP (CLE) 10		🌈 EXTENDING
Strengths	**Growth**	**Support**
• As I've mentioned throughout my learning plan, I consider myself a very self-aware person. I strongly believe that I built this awareness of myself and where I need to grow through our "7 Habits" unit last year. Although I consider myself a "bit of a mess" in the sense that there are so many things that I hope to improve in as a learner, I believe that I have the ability to narrow down exactly what I wish to improve about myself and to what lengths I desire to improve such characteristics or skills.	• This year, I want to continue to develop a stronger sense of my own identity. I want to be able to complete my projects and complete work in PLP that feels authentically like myself. • Since this course is also tied into CLE, I want to be able to tie my strengths and sense of identity into thinking about the future, or a career path I would like to pursue. I want to be able to make possible decisions for myself based off of my sense of self, since I don't really know what I want to do in the future. However, I do know that after this year, I'll only have 2 years left at Seycove, so I want to make the most of my time here, while planning for what's ahead.	• I believe that I can support myself in this regard through applying what I learn about myself and PGP/CLE into thinking about not only my future, but also my present. From what I've learned in PLP, the habits you build now will only serve to benefit you in the future, so I believe that if I bring myself to build a strong foundation academically, socially, and personally, I will be adequately prepared for wherever life takes me after PLP.

To achieve this plan, I will:		
Disposition	**Habits**	**Systems**
• This year, I aim to become more assure in my communication skills, and build upon the progress I made last year. • I intend to hone my Communication, Thinking, and Personal and Social skills throughout all my subjects. Rather than being an "idealized" model of a learner, I want to be a learner that I will be proud of through pushing myself further, rather than being too afraid of failure. • I want to change my mindset around my assignments from "surviving this project" to "maximizing what I can learn from this project". Instead of making work that I feel may please my teachers, I want to make work that I will personally be proud of while also applying to the criteria. Rather than doing things because I feel that I am supposed to, I want to give it my own personal best. • I strongly desire to prioritize a healthy work-life balance above all else, though. I feel that I can't manage to operate at my best unless I make room for life on top of school, and vice versa. • Specifically, a goal that I truly want to achieve this year is to raise my attendance rate compared to past years. My attendance rate hasn't been the best for the past 5 years of my life due to life circumstances, so I intend to minimize my habit of missing classes in order to make the best of the time I still have in PLP.	• I want to make a habit of raising my hand or participating in classroom discussions, rather than being too afraid to say anything in the first place. I firmly believe that if I do this enough, I will become much more comfortable with it. • I would like to make a habit out of getting myself outside of my comfort zone, whether this mean talking to teachers before class, or volunteering myself for more of a speaking role in group projects or presentations. • Another habit I want to make is to approach each assignment and project with open-mindedness rather than being burnt out, stressed, or even annoyed about it. I want to be able to acknowledge that frustration is valid, but also allow myself to internalize what I can gain personally as a learner out of each opportunity I am given. • I want to prioritize a healthy work-life balance through finding a balance after school between homework time and family time. I can make a habit out of doing my homework as soon as I can when I get home, but also through knowing when to stop to allow myself to have a life as well. I aim to push myself further, but also know my limits and make an allowance for my own mental health and peace of mind as well. • Finally, I want to make a habit out of giving myself one reason each morning as to why waking up will be worth it. I think that having something to look forward in the day will truly boost my motivation.	• I want to make a habit of raising my hand or voicing an idea at least twice a week. Once this becomes a habit, I intend to increase this frequency. • I plan to stay at school for an extra hour either before or after school once a week in order to set aside more opportunities to divide my school life and home life. Although I will inevitably always have to complete at least some work at home, I theorize that finding a more literal divide, or having time set aside, might support me in excelling in my academic life while also having my own life as well. • With each project I complete in PLP, I want to take time to think about how I can reach my Learning Plan goals in said project, then reflect on how I did afterwards. Although we really only focus on our Learning Plans in great detail at the beginning of the year, during mPoLs and tPoLs, I want to make it a constant for me to check in on how I am doing throughout the year. • Since I am an artist, I want to make a canvas on Procreate where I can write down a reason why waking up each morning will be worth it, and maybe add a small doodle or drawing. This will be something I do routinely daily, or at least most days out of the week. If I can't find a reason in the morning (since I'm not a morning person), I can always reflect on why that day was in fact worth waking up for after it ends. I believe that this is a fun activity that will get me excited to learn and see my peers. This will also allow myself to have some time set aside for mental health and reflection, leading to a boost in productivity.

Success Behaviours of an Accomplished Learner (not used to determine achievement grade)		
Agency	**Engagement**	**Conduct**
Seeking help: • Seeks extra help when needed.	**Contributions:** • Contributes ideas and thoughts.	**Respect:** • Respects the rights and opinions of others; always listens when others are speaking.
Completing assignments	Helpfulness:	
Preparation	**Attendance**	**Punctuality**

	🌥 **Beginning**	🌤 **Almost**	☀️ **Effective**	🌈 **Sophisticated**
Proficiency Scale	**Emerging**	**Developing**	**Accomplished**	**Extending**
	The student demonstrates an **initial** understanding of the concepts and competencies relevant to the expected learning.	The student demonstrates a **partial** understanding of the concepts and competencies relevant to the expected learning.	The student demonstrates a **complete** understanding of the concepts and competencies relevant to the expected learning.	The student demonstrates a **sophisticated** understanding of the concepts and competencies relevant to the expected learning.
What does work at this level look like?	Minimal Basic Superficial Nominal Narrow Incoherent Formless Paltry	Vague Partial Inconsistent Limited Moderate Erratic Undeveloped Simple	Competent Complete Comprehensive Solid Detailed Proficient Thoughtful Mainstream	Cogent Authentic Real-World Deep Exemplary Lucid Insightful Beautiful