



Seycove WEX | Career Focus Worksheet

Name: _____

Use the [Focus Areas Chart](#) to help you complete this worksheet.

1. Please list the electives that you have taken in high school.

2. At present, which focus area do you feel is most in line with your interests, skills and strengths?

	Business & Applied Business		Fine Arts, Design & Media
	Fitness & Recreation		Health & Human Services
	Liberal Arts & Humanities		Science & Applied Science
	Tourism, Hospitality & Foods		Trades & Technology

3. Identify a second focus area that also appeals to you.

	Business & Applied Business		Fine Arts, Design & Media
	Fitness & Recreation		Health & Human Services
	Liberal Arts & Humanities		Science & Applied Science
	Tourism, Hospitality & Foods		Trades & Technology

4. List 4 options for this Focus Area after Graduation:

- Employment (where could you work?) _____
- Certificate Program: _____
- Diploma Program: _____
- Degree Program: _____

5. List 3 occupations from this Focus Area that may interest you (see the career focus areas guide for help with sample jobs -

https://www2.gov.bc.ca/assets/gov/education/kindergarten-to-grade-12/support/moe_grad_portfolio_part_2.pdf

- _____
- _____
- _____



Seycove WEX | Career Focus Worksheet

6. Identify any focus area(s) that are LEAST appealing to you?

	Business & Applied Business		Fine Arts, Design & Media
	Fitness & Recreation		Health & Human Services
	Liberal Arts & Humanities		Science & Applied Science
	Tourism, Hospitality & Foods		Trades & Technology

7. List 3 interests or skills that you have that relate to your 1 Focus Area. Suggestions: I like photography; babysitting; working on old cars; golfing etc.

8. List 2 lifestyle options that appeal to you after grade 12. Do they relate to your focus area? Examples: post secondary studies; travel; working on Salt Spring; moving to....; buying a

9. List 2 - 3 sample occupations that appeal to you after grade 12. Do they relate to your focus area?

You may need to look at a list of occupations available in your career focus area: examples include different jobs in the trades, or medical, or mathematics...

10. List 3-4 courses offered at Seycove Secondary School that fit your focus area. These may be courses you have taken or plan to take, or even wish you had taken!

11. Record any questions/concerns you have about possible focus areas for you. How do you think a work experience or apprenticeship course can help you?

12. Anything else you think you need to know about Focus Areas to determine which path is right for you?
